



Maryland Healthy Eating & Active Lifestyle Coalition

www.healthyactivemaryland.org

Mission

The mission of the Maryland Healthy Eating and Active Lifestyle Coalition is to coordinate efforts and resources to increase the number of Maryland residents who eat healthfully and engage in physically active behaviors.

Activities

- ❖ Facilitate the implementation activities of the [Maryland Nutrition and Physical Activity Plan](#) to Prevent Obesity and other Chronic Diseases.
- ❖ Increase membership and strengthen partnerships.
- ❖ Provide opportunities to advocate for nutrition and physical activity legislation and policy at the federal, state and local level.
- ❖ Strengthen collaboration on nutrition education and program efforts among USDA nutrition assistance programs by supporting the [Maryland State Nutrition Action Plan](#).

Steering Committee

The Coalition Steering Committee meets by conference call on a monthly basis. If you have an item that you would like to be placed on the Steering Committee's agenda or would like to learn more, send an email to contactus@healthyactivemaryland.org.

How to Join

Visit the Coalition Web site at www.healthyactivemaryland.org to find out the latest news on what is happening in Maryland in the area of nutrition and health.

Join as an individual or with your organization/agency by completing the form at www.healthyactivemaryland.org/contact_form.html.



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Partnering Organizations

American Cancer Society

American Heart Association

Arthritis Foundation, Maryland Chapter

Brick Bodies

Charles County Health Department

Charles County YMCA

Corporate Fitness Works

C & S Holistic Wellness Studio

Danya International Inc.

Dorchester County Health Department

Frederick County Health Department

Gally Public Affairs

Harford County Health Department

Howard County Health Department

Howard County Nutrition and Physical Activity Coalition

Maryland Action for Healthy Kids

Maryland Association for Health, Physical Education, Recreation and Dance

Maryland Department of Health & Mental Hygiene, Center for Preventive Health Services, Chronic Disease Prevention Division

Maryland Healthy Schools Coalition

Maryland Public Health Association

Mid-Atlantic Dairy Association

Montgomery County Area Office on Aging

Morgan State University, School of Public Health & Policy

Nutrition and Physical Activity Partnership of Washington County

Real Matters Consulting, LLC

Restaurant Association of Maryland

Towson University, Department of Health Science

University of Maryland Statewide Health Network

Weight Smart™ Program at Mt. Washington Pediatric Hospital