



www.healthyactivemaryland.org

Mission

The mission of the Maryland Healthy Eating and Active Lifestyle Coalition is to coordinate efforts and resources to increase the number of Maryland residents who eat healthfully and engage in physically active behaviors. This is best accomplished through facilitation of the implementation activities of the *Maryland Nutrition and Physical Activity Plan*.

The Maryland Healthy Eating & Active Lifestyle Coalition plans to achieve its mission through the following strategies:

- Increase membership and strengthen internal and external partnerships.
- Provide opportunities to advocate for nutrition and physical activity legislation and policy at the state and local level.
- Provide vehicles to enhance communication:
 - Enhance of the Web site.
 - Hosting an annual All-member meeting.
 - Revitalize Maryland Nutrition & Physical Activity Plan Workgroups.

Board of Directors

The Coalition Board of Directors meets on a monthly basis. If you have an item that you would like to be placed on the agenda or would like to learn more, send an email to healthyactivemd@gmail.com.

How to Join

Visit the Coalition Web site at www.healthyactivemaryland.org to find out the latest news on what is happening in Maryland in the area of nutrition and health.

Join as an individual or with your organization/agency by completing the form at http://healthyactivemaryland.org/contact_form.html.